Our Little House
in the Country

50 Little Things to Enjoy This Christmas

SIMPLE MOMENTS TO NOTICE, SAVOUR & REMEMBER

AT HOME

1. Light the tree for the first time
2. Make your home feel cosy with candles and soft lighting
3. Play your favourite Christmas music
4. Bring out special decorations
5. Light a fire or put the stove on
6. Use your favourite Christmas mug
7. Bake something seasonal
8. Read a festive book
9. Switch off a little earlier one night
10. Enjoy the twinkle of the tree after everyone has gone to bed

OUT & ABOUT

11. Go for a crisp winter walk
12. Look at Christmas lights
13. Visit a local market or independent shops
14. Send a handwritten Christmas card
15. Notice the beauty in frosty mornings
16. Step inside a church at Christmas
17. Treat yourself to a festive coffee
18. Take a different route and enjoy the winter scenery
19. Wrap up warm and just be outside
20. Pause and appreciate the beauty around you

TASTES & TRADITIONS

21. Enjoy a mince pie (or two!)
22. Make a favourite family recipe
23. Savor a warm drink on a cold day
24. Fill the house with festive aromas
25. Use the good dishes and make ordinary meals feel special
26. Try something new this Christmas
27. Enjoy a Christmas breakfast
28. Share a seasonal treat with a friend
29. Bring back a tradition you love
30. Enjoy the simple pleasure of good food and cosy company

WITH PEOPLE YOU LOVE

31. Spend unhurried time together
32. Have a long, relaxed conversation
33. Watch a favourite Christmas film
34. Play a board game or do a puzzle
35. Make time for the important people
36. Create a new memory together
37. Celebrate the little moments
38. Share stories from Christmases past
39. Be present, not on your phone
40. Tell someone why they're special

QUIET CHRISTMAS MOMENTS

41. Take a few minutes just for yourself
42. Watch the candlelight in the evening
43. Notice something that makes you smile
44. Be grateful for where you are right now
45. Journal a little or write a note to your future self
46. Let go of what doesn't matter
47. Do something kind for someone else
48. Slow down and notice the simple beauty around you
49. Remember what this season is really about
50. Take a deep breath and simply enjoy it