



CHRISTMAS

Family

COMPANION

IDEAS, TRADITIONS & SIMPLE WAYS
TO CREATE MEANINGFUL MOMENTS
& LASTING MEMORIES
TOGETHER THIS CHRISTMAS

OUR LITTLE HOUSE

in the Country



Welcome

» TO YOUR «

CHRISTMAS FAMILY COMPANION

Christmas isn't remembered for the perfect plans or the perfectly wrapped gifts.

It's remembered for the ordinary moments—the laughter around the table, the simple traditions, the cosy evenings, the little things that made us feel close.



This companion is here to help you slow down and savour the season together.

Inside, you'll find ideas, activities and gentle prompts designed to help your family connect, create memories and make this Christmas meaningful.

THIS ISN'T ABOUT DOING MORE.

It's about being present. Choosing connection over perfection. Noticing the magic in the everyday.

It's about filling your home with love, your hearts with gratitude, and your Christmas with what truly matters.



Whether you try every idea or just a few, may this season be filled with warmth, togetherness and moments you'll cherish forever.

May your Advent be peaceful, your Christmas be joyful, and your family memories be the ones that last long after the decorations come down.

With love,

Ciara ♡





Christmas

TOGETHER IDEAS



Simple ideas to help you slow down, connect and create meaningful memories together this Christmas.



AROUND THE HOUSE

- ☐ Write letters to Santa
- ☐ Create a hot chocolate station or tray
- ☐ Bake cookies and decorate them
- ☐ Make the Christmas cake together
- ☐ Make Christmas pudding together
- ☐ Put up the Christmas tree together
- ☐ Decorate the tree
- ☐ Make popcorn and cranberry garlands
- ☐ Make orange slice and clove decorations
- ☐ Make pomanders
- ☐ Make Christmas cards
- ☐ Write and send Christmas cards
- ☐ Wrap gifts together
- ☐ Make decorations for the tree
- ☐ Create a homemade gift for someone
- ☐ Set the table for a cosy Christmas meal
- ☐ Have a festive breakfast together
- ☐ Do a Christmas jigsaw puzzle
- ☐ Play board games by the fire
- ☐ Read Christmas stories aloud
- ☐ Put up fairy lights around the house



OUTDOORS

- ☐ Go for winter walks together
- ☐ Go for a dusk or evening walk and look at the lights
- ☐ Count how many Christmas trees you can see
- ☐ Drive around town or nearby areas looking at Christmas lights
- ☐ Visit local Christmas lights displays
- ☐ Go ice skating
- ☐ Visit the beach for a winter walk
- ☐ Feed the birds
- ☐ Collect pinecones, holly, ivy or greenery
- ☐ Look for robins and other winter birds
- ☐ Wrap up warm and watch the sunset together
- ☐ Have a Christmas picnic (even indoors!)
- ☐ Watch the stars on a clear winter night



QUIET MOMENTS

- ☐ Watch a Christmas movie together
- ☐ Listen to Christmas music and create playlists
- ☐ Sing Christmas songs
- ☐ Have a candlelit evening
- ☐ Read by the fire
- ☐ Enjoy a quiet evening with hot chocolate
- ☐ Sit together and write in your gratitude journals
- ☐ Take turns sharing favourite Christmas memories



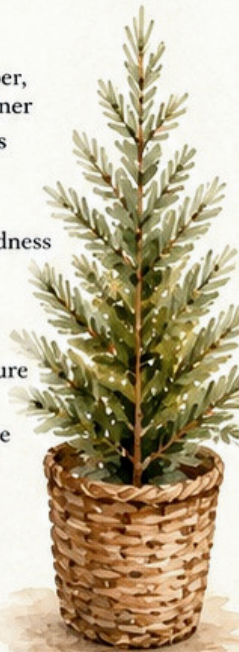
PLACES TO VISIT

- ☐ Visit nativity scenes in local churches
- ☐ Go to a carol service
- ☐ Go to a Christmas concert or school performance
- ☐ Visit a Christmas market
- ☐ Go to midnight Mass (or Christmas morning Mass)
- ☐ Visit Father Christmas
- ☐ Take a day trip to somewhere special
- ☐ Go to a pantomime or theatre show
- ☐ Visit friends or family you haven't seen in a while
- ☐ Go out for lunch or dinner together
- ☐ Take a festive stroll around town with no shopping, just to soak up the atmosphere



MORE FUN IDEAS

- ☐ Design and decorate Christmas jumpers
- ☐ Have a Christmas jumper, Santa hat or festive dinner
- ☐ Take silly family photos
- ☐ Make a time capsule for next year
- ☐ Do a random act of kindness together
- ☐ Make a countdown to Christmas chain
- ☐ Have a Christmas treasure hunt around the house
- ☐ Celebrate Christmas Eve with a special tradition



Remember... It's not about doing everything.
It's about enjoying simple moments together
and making memories you'll cherish forever.



Christmas

FAMILY BINGO

Make memories. Share moments. Treasure time together.

Try to tick off as many as you can this Christmas!
Every square is a little memory in the making.

				
Write a letter to Santa	Make hot chocolate	Look at Christmas lights	Bake cookies together	Watch a Christmas movie
				
Go ice skating (or try!)	Listen to Christmas music & make a playlist	Have a cosy movie night	Make decorations together	Go for a winter walk
				
Put up the Christmas tree	Visit a nativity scene	FREE	Make popcorn & have a family movie night	Post a Christmas card
				
Wrap presents together	Wear a silly Christmas jumper	Read a Christmas story aloud	Do a jigsaw puzzle together	Have a candlelit evening
				
Make pomanders or orange decorations	Spot a robin	Play a board game by the fire	Go on a snowy adventure	Make a Christmas treat together

Remember...

It's not about doing everything.
It's about enjoying the time together that means the most.



Happy Christmas



Christmas CONVERSATION CARDS

25 FUN QUESTIONS TO SHARE, LAUGH
AND MAKE WONDERFUL MEMORIES TOGETHER



HOW TO USE

1. Cut out the cards along the dotted lines.
2. Place them in a bowl, basket or on the table.
3. Take turns picking a card and enjoy the conversation!



What is your favourite thing about Christmas?



What is your favourite Christmas memory?



If you could spend Christmas anywhere in the world, where would it be?



What Christmas tradition makes you the happiest?



If Santa gave you one extra gift this year, what would you ask for?



What is the best Christmas movie of all time?



If you could invite anyone to Christmas dinner (living or not), who would it be?



What is something you hope we do together every Christmas?



What is your favourite Christmas song and why?



What makes our family Christmas special?



What is the most magical thing about this time of year?



What's something you're looking forward to this Christmas?



If you could be an elf for a day, what would you do?



What do you think is Santa's favourite cookie?



What was the funniest moment from last Christmas?



If you could create a new Christmas tradition, what would it be?



What is the best present you have ever received?



What would your perfect Christmas Eve look like?



What kindness would you love to show someone this Christmas?



What is your favourite Christmas treat or sweet?



If you could decorate anything in a crazy way, what would it be?



What are you most grateful for this year?



What adventure would you love to go on over the holidays?



What is one thing you hope never changes about our Christmas?



What makes you feel cosy and happy in winter?





Christmas

CONVERSATION CARDS



Cut out the cards along the dotted lines. Place in a basket or on the table.
Take turns picking a card and enjoy the conversation! ♥

What is your favourite Christmas decoration and why?



If you could travel anywhere for Christmas, where would you go?



What is one Christmas tradition you would like to start as a family?



What is the best gift you've ever given?



Who is someone you are especially thankful for this Christmas?



What makes a Christmas morning perfect for you?



If you could spend the day with any Christmas character, who would it be?



What is your favourite smell of Christmas?



What was your favourite Christmas as a child and why?



What is one thing you always want to do before Christmas ends?



What is your favourite Christmas treat?



If you could have any superpower for the holidays, what would it be?



What is something that always makes you laugh during the holidays?



What is your favourite way to give back during Christmas?



If you could change one thing about Christmas, what would it be?



What is one of your favourite Christmas songs? Sing a line (if you want to!)



What is your favourite family Christmas tradition?



What adventure would you love to have during the holidays?



If you could make Christmas last longer, how would you do it?



What is one thing you hope Santa brings that money can't buy?



What is your favourite winter activity to do together?



If you could invite any celebrity to Christmas dinner, who would it be?



What does Christmas mean to you in three words?



What is one memory you hope your family always remembers?



Is there anything you'd like to say to the people sitting around the table?



Tip: There are no right or wrong answers!

The best conversations come from listening, laughing and enjoying time together.





Christmas

MEMORY JAR IDEAS

Sometimes the smallest moments
become the most treasured memories.

A memory jar is a beautiful way to capture
the little things that make Christmas special.

♥ HOW IT WORKS

- 1 Keep a jar and a stack of little memory slips somewhere everyone can reach them.
- 2 Throughout Advent and Christmas, write down little moments, funny things, kind acts or special memories.
- 3 Fold the slip and pop it into the jar.
- 4 On New Year's Eve or New Year's Day, empty the jar and read back all the memories together.
- 5 Cherish these simple moments and carry them with you into the year ahead.



EXAMPLES OF MEMORIES TO WRITE DOWN

- ♥ Something that made you laugh
- ♥ A special moment with someone
- ♥ A kind thing you did or someone did for you
- ♥ A Christmas tradition you loved
- ♥ A beautiful thing you saw
- ♥ A song that made you smile
- ♥ A cosy moment at home
- ♥ A favourite thing about the day
- ♥ A moment you want to remember forever



Make the ordinary moments extraordinary. ♥



Cut out the memory slips below. Write your memories, fold and pop them in the jar!



♥ "THE BEST MEMORIES AREN'T THINGS. THEY'RE MOMENTS." ♥





FAMILY Traditions TO TRY

Create memories that last a lifetime.



SIMPLE, MEANINGFUL IDEAS TO START NEW TRADITIONS TOGETHER

TIME TOGETHER

- ☐ Read a book a day during Advent
- ☐ Have a Christmas breakfast tradition
- ☐ Take a family winter nature walk
- ☐ Go for a drive to look at Christmas lights
- ☐ Have a weekly hot chocolate & chat
- ☐ Write letters to Santa together
- ☐ Open one special gift on Christmas Eve
- ☐ Play a Christmas board game night
- ☐ Watch a Christmas concert together
- ☐ Have a festive family PJ day
- ☐ Make a yearly Christmas playlist
- ☐ Do a gratitude circle each night
- ☐ Tell Christmas stories by the fire
- ☐ Take a family photo in front of the tree
- ☐ Have a New Year's Day pancake breakfast

GIVING & KINDNESS

- ☐ Do a Christmas shoebox appeal
- ☐ Donate toys or books as a family
- ☐ Sponsor an animal or family in need
- ☐ Make Christmas cards for neighbours
- ☐ Leave kind notes for others to find
- ☐ Give to a local food bank together
- ☐ Volunteer at a charity event
- ☐ Make small gifts for friends or teachers
- ☐ Adopt a family for Christmas
- ☐ Do a random act of kindness
- ☐ Pick up litter on a winter walk
- ☐ Make care packages for someone
- ☐ Support a local small business
- ☐ Bake treats for someone in need
- ☐ Pray for or think of others each day

CREATING & CELEBRATING

- ☐ Decorate the tree together
- ☐ Make handmade ornaments
- ☐ Start a Christmas Eve box
- ☐ Make a gingerbread house
- ☐ Have a candlelit dinner together
- ☐ Create a Christmas countdown chain
- ☐ Make festive suncatchers
- ☐ Do a yearly Christmas craft
- ☐ Bake & decorate cookies
- ☐ Make pomanders or orange garlands
- ☐ Go caroling as a family
- ☐ Visit a nativity scene
- ☐ Attend a Christmas service
- ☐ Make a memory jar each year
- ☐ Celebrate Twelfth Night on Jan 6th



CREATE YOUR OWN TRADITIONS

- | | | | | | |
|--------------------------|-------|--------------------------|-------|--------------------------|-------|
| ☐ | _____ | ☐ | _____ | ☐ | _____ |
| ☐ | _____ | ☐ | _____ | ☐ | _____ |
| ☐ | _____ | ☐ | _____ | ☐ | _____ |
| ☐ | _____ | ☐ | _____ | ☐ | _____ |

THE BEST TRADITIONS AREN'T ABOUT PERFECTION –
THEY'RE ABOUT LOVE, LAUGHTER AND SHOWING UP FOR EACH OTHER.



Start small, be present and enjoy the simple moments.



Christmas KINDNESS CHALLENGE

for Families

Small acts. Big hearts. A season
of kindness we can all share.

Choose an act of kindness each day (or week!)
and make it part of your Christmas tradition.

1

Give someone
a heartfelt
compliment.



2

Write a kind
note and leave it
for someone to
find.



3

Donate toys,
books or clothes
you no longer
need.



4

Do something
helpful for
someone without
being asked.



5

Make or bake
something and
share it with a
neighbour.



6

Thank someone
who helps you
every day.



7

Hold the door
open and smile
at everyone
you meet.



8

Leave change or
a kind note at a
vending machine
for someone.



9

Send a Christmas
card to someone
who might be
feeling lonely.



10

Let someone
go ahead of you
in line.



11

Pick up litter
in your local
area.



12

Make a
donation to a
food bank.



13

Share your
favourite book
with a friend.



14

Draw a picture
or write a letter
to brighten
someone's day.



15

Offer to help
an elderly
neighbour.



16

Give someone
a hug.



17

Volunteer
as a family.



18

Leave a kind
message for your
family to find.



19

Help set
the table or
do a chore
cheerfully.



20

Give a gift
from the heart
(not the store!).



21

Invite someone
new to join in
your fun.



22

Pray, send good
wishes or think
kind thoughts for
others.



23

Make a bird
feeder or leave
food for animals.



24

Spend extra time
with someone
you love.



25

Celebrate your
kindness and the
difference it
makes!



♥ Kindness is the greatest gift of all. ♥ Together, we can make this Christmas one to remember. ♥