

Gentle Weekly Planner

Week of:

WHAT MATTERS MOST THIS WEEK

HOW I WANT THIS WEEK TO FEEL

<input type="checkbox"/>	
<input type="checkbox"/>	
<input type="checkbox"/>	

THIS WEEK AT A GLANCE

DAY	GENTLE PRIORITIES	NOTES
Monday		
Tuesday		
Wednesday		
Thursday		
Friday		
Saturday		
Sunday		

SMALL JOYS & WINS

NOTES & REFLECTIONS